

Z. Catherine Navarro, M.D.

Vein Center of the Palm Beaches

955 Sansbury's Way
Suite #209
West Palm Beach, FL. 33409
561-333-6366

Education

- July-December 1987 Affiliated with Guylaine Lanctot Clinics Providing Varicose Vein Sclerotherapy and also treatment of legs
- July 1987 One month at the Guylaine Lanctot Clinics in Montreal and Toronto training for Phlebology.
- April-July 1987 Emergency Room Physician Palm Beach Gardens Hospital Palm Beach Gardens, Florida
- 1986 Opened private practice at 6633 Forest Hill Blvd, West Palm Beach, FL
- July 1987-July 1986 Resident in Internal Medicine Program: Jackson Memorial Hospital, Miami, FL PGY 2-PGY 3
- 1983-1984 Internship in Internal Medicine St. Elizabeth Hospital Brighton, Massachusetts. Association with Tuft's New England Medical Center
- 1979-1983 Medical School in Boston with training at City Hospital, University Hospital
- Training at Framingham Hospital
- Training in clinic nutrition with Dr. Robert Lehrman
- Two months also special work in Spinal Unit
- 1979-1983 Undergraduate MIT in Biological Sciences
- Developed Thermocouple for Therapeutic Ultrasound with Dr. P. Lale
- Minored in Literature

1974-1978

School in New York City

Status in High School: Special A Science School

Volunteered 2,000 hours at Coney Island Hospital

Received Merit Scholarship \$1000 from Coney Island Hospital

Regent Scholarship Winner

Continued Medical Education

ACLS 1986 renewed 1991

Tulane University, Ochsner Clinic

Review of Internal Medicine Program

100 hours-continue medical education September 1990

Internal Medicine September 1990

American Medical Association Physicians Recognition Award

Completion of Physicians continuing medical education awarded until March 1, 1991

Awards

1974 Regent Scholarship Award Winner

National Merit Scholarship Award Winner

Latino Student Award Winner 1970- Valedictorian Elementary School

Publications

Article on Nutrition

Palm Beach Medical Society Magazine

Professional Affiliations

Associate in the American College of Physicians

Member of the American Medical Association

Member of the American Society of Internal Medicine

Member of Palm Beach Medical Society

Founder of the Womens West Palm Beach Medical Society since 1986

Florida Society of Internal Medicine

Member of American College of Phlebology

The Venus Forum

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Professional Experience

1986- Present	Have run solo practice of Internal Medicine with a specialty of varicose vein sclerotherapy
1985-1986	Director of Medicine Wellington Regional Medical Center West Palm Beach, FL
1986-1987	Associate Director of Internal Medicine Wellington Regional Medical Center West Palm Beach, FL
1983-1984	Member of the teaching staff Wellington Regional Medical Center West Palm Beach, FL

Committee Appointments

1987- Present	Pharmacy and Therapeutics Committee Palms West Hospital Loxahatchee, FL
1988- Present	Member of the Quality Assurance Committee Wellington Regional Medical Center West Palm Beach, FL

Professional Licensure

State of Florida Department of Medicine	License No. 46520
Licensed in Massachusetts	Four Years Past

Volunteer Activities and Other Interests

Founder of the Womens West Palm Beach Medical Society and Present continued organizer. Group is an academic and social support group for female medical practitioners.

Member of the West Palm Beach Kwanis Club since 1989.

Volunteer Coney Island Hospital during last 2 years of high school in specialized pre-medical program.

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February 1991

Attended procedural skills for Primary Care Physicians
Symposium Fort Lauderdale, FL.

Presentations

1986-1990

American Heart Association
Cholesterol Series Seminar Presenter

407-798-9149

Hospital Affiliations

Active Staff Member of the following Hospitals

Palm West Hospital Loxahatchee, Florida

JFK Hospital Atlantis, Florida

Palm Beach Regional Medical Center Lake Worth, Florida

Wellington Regional Medical Center West Palm Beach, Florida